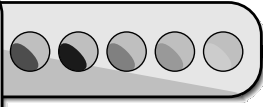


**Guided Reading  
Activity 14-1**



**Purposes of  
Personality Theories**

*For use with textbook pages 375–377*

**Directions: Outlining** Locate the heading in your textbook. Then use the information under the heading to help you write each answer.

**I. Purposes of Personality Theories**

**A. Introduction**

1. What is the “something” inside people that makes them think, feel, and act differently from one another? \_\_\_\_\_

**B. Purposes of Theories**

1. What do all personality theorists look for? \_\_\_\_\_  
\_\_\_\_\_
2. What are three ways that theorists might try to explain the differences among individuals? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. What do personality theorists try to find out about how people conduct their lives? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. How do theories relate to research? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**C. Major Schools of Personality Theory**

1. What do psychoanalytic theories emphasize? \_\_\_\_\_  
\_\_\_\_\_
2. What do behaviorists study? \_\_\_\_\_  
\_\_\_\_\_
3. What is the focus of cognitive theorists? \_\_\_\_\_  
\_\_\_\_\_
4. Name two prominent humanistic theorists. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_